



For Immediate Release

December 4, 2009

H1N1 Vaccinations Available

Galveston County and Cities – The Galveston County Health District (GCHD) announced today they will begin administering the H1N1 vaccine to any residents that wish to receive it beginning Monday, December 7th.

The free vaccinations will be provided, while supplies last, at:

**Galveston County Health District Headquarters
1207 Oak St, La Marque
Monday through Friday, as long as vaccine supplies last. Vaccinations
will be given each day 9 a.m. to 4 p.m.**

Anyone will be able to receive the H1N1 vaccination who wants to reduce the likelihood of becoming infected. Due to the risk of serious consequences certain high-risk groups are strongly advised to receive the vaccination which includes:

- Pregnant women
- Household contacts and caregivers for children younger than six months of age
- Healthcare and emergency medical services personnel
- All people six months through 24 years of age
- Persons aged 25-64 years of age who have health conditions associated with higher risk of medical complications from influenza disease (lung disease, heart disease, asthma, etc.)

Parents are reminded if children 9 years or younger have already received their first dose of H1N1 vaccine, and it has been at least one month they should come in for the CDC recommended booster shot.

District officials encourage everyone to stay informed, and also practice good hygiene habits to reduce the spread of H1N1 and seasonal flu. Recommended actions include covering the mouth and nose with a tissue or sleeve when coughing and sneezing, and frequent hand washing. If soap and water are not available a hand sanitizer that is at least 60% alcohol should be used. For a video on proper hand washing, see www.gchd.org.

The Galveston County Health District strives to protect and promote public health for all residents of Galveston County and cities. For more information about Galveston County Health District immunization activities and vaccine supply call (409) 938-7221.

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(News Media: For more information contact Kurt Koopmann, GCHD Public Information Officer, 409-938-2211 or kkoopman@gchd.org)